	-				+									\blacksquare																	\mathbb{H}	4			Н				
			1.	Ruisl	katu	8, Tı	3, TurkuAMK					2. Sport Sirkka,				3. Educarium, Assistentinkatu 5 5. Turku fenc- 6. Kupittaa indoo														thers	ers								
	swimming pool sports hall								Sirkkalankatu 13								lecture room			ing hall, Tuure- porinkatu 2			shooting range, Tahkonkuja 5			nkatu	12												
8											Bike Basic																	8											
9						ſ					Core					Was everything														9									
10		wimn ique	ming	g tecl	h-						Slow Flow Yoga					L			Was everything better before? (in finnish)			Fencing group 1													10				
11	Sı	wimn	ning	9											Shaolin Kung fu (90min) Mind & Body –for better well-being (lecture, in finnish)			the	Is a run now and then enough? (in finnish)					Shooting group 1								Kettlebell (8. Iskeri sports hall, rehtorin- pellonkatu 4)			11				
12	Sı	wimn	ning	9																	r activ innish		Fencing group	o 2		_			Hokotoryu ju-jutsu					hall, Eskonkatu 1)			12		
13	Sı	wimn	ning	9																				_								Running technique (3. Starts at Educarium)			13				
14	Sı	wimn	ning	9		Rı	ıgby	ı 09)	nin)											hal	II,		nquet tu 22		Fencing group	o 3												14	
15		ydrot roup		ning								Bike Basic					Akrobatics					basic hop	S,			Shoo	Shooting group 2										15		
16		ydrot roup		ning		Lacrosse (90min)					Bike Interval					Latin Fiesta				Swing- basics, west coast										(16.30) Brazilian- ju-jutsu and			ce	O. Turl enter, enkatu	Hak			16	
17		/ater roup		0							(17.30) Slow Flow					DanceFit				(17.30) Couple sal- sa, basics (90min)									kickboxing			Krav maga group 1 Krav maga group 2			1	17			
18		/ater roup		0			door oup		key		Yoga				НІ	HIIT + core															o 2				18				
19							door oup		key							Functional training																						19	
20						-3										ody m	nain	tena	nce																			20	