

**THE 7<sup>TH</sup> INTERNATIONAL WEEK AT TURKU UNIVERSITY OF APPLIED SCIENCES,  
FACULTY OF HEALTH AND WELL-BEING,  
Part-time Studies, Bachelor's and Master's Degrees  
September 26 – 30, 2016  
Ruiskatu campus, Turku, Finland**

## Programme

### Themes of the week

- Management and Leadership
- Rehabilitation
- Health Promotion and Well-being
- Clinical Knowledge and Skills

### Monday 26 September 2016

**16.00 – 18.00 Afternoon walk in Turku City Centre ( Won't be organised in case it rains!)** Meeting point in front of the Orthodox Church, Yliopistonkatu 19, walk ending at ICT City, with International coordinator **Taina Nordgren**  
**17.00 – Registration opens** ICT City, main lobby, Joukahaisenkatu 3  
**18.00 – 20.00 Welcome and Get together evening** Networking & Cocktails at Potkuri Business Accelerator, ICT City, Rector and President **Vesa Taatila** & Dean **Marjut Putkinen**

### Tuesday 27 September 2016 am Ruiskatu 8

#### Moderators:

**8.30 – Registration continues**

**9.00 – 9.10 Opening of the International Week, room 131**

**Pia Ahonen**, Head of Education and Research

**9.10 – 9.45 Keynote speech, room 131**

**Minna Scheinin**, Head of Future Learning Design, Turku University of Applied Sciences

*"Innovation pedagogy"*

**9.45 – 10.15 Short presentations (2), room 131**

**Niina Katajapuu**, Physiotherapist, Master in Health Sciences, Senior Lecturer in Physiotherapy, Turku University of Applied Sciences

*"Gamified solutions in rehabilitation. New sights for therapeutic exercise"*

**Joca Zurc**, Assistant Professor, PhD, University of Ljubljana, Faculty of Sport, Slovenia

*"Physical activity intervention programmes in prevention of chronic physical and mental diseases"*

**10.15 – 10.45 Coffee break and Poster view**

#### 10.45 – 11.30 Short presentations (3), room 131

**Elina Baete**, Lecturer, AP Hogeschool - Wetenschap en techniek, Antwerpen, Belgium

*"Innovative online course with virtual patients for dietitians and students in Europe: the IMPECD project"*

**Heikki Ellilä**, RN, PhD, Principal Lecturer, Turku University of Applied Sciences

*"eMenthe - A European co-operation to develop eLearning materials for Master level education and clinical practice"*

**Ma Feifei**, Dean, Associate Professor, Tianjin Medical College, Department Of Stomatology, China

*"Pressing Acupoints to Treat Toothache"*

#### 11.30 – 12.15 Short presentations (3), room 131

**Hildur Sigurdardottir**, CNM, Assistant Professor and the international coordinator, University of Iceland, Faculty of Nursing, Reykjavik, Iceland

*"Home midwifery care postpartum - implementation and evaluation of the care"*

**Marketa Moravcova**, Head of Department, Mgr., PhD, University of Pardubice, Faculty of Health Studies, Department of Midwifery and Health and Social Worker, Czech Republic

*"Midwifery and Quality of Life of menopausal women"*

**Marjatta Häsänen**, Registered Midwife, RN, MNSc, Senior Lecturer, Turku University of Applied Sciences

*"Increasing ethical competence in midwifery education and practice"*

#### 12.15 – 13.15 Lunch with coffee and Poster view

### Tuesday 27 September 2016 ip Ruiskatu 8

**Moderators:**

#### 13.15 – 14.00 Short presentations (3), room 131

**Hadassa de Koning – Fikse**, Lecturer in Nursing, MSc, Christian University of Applied Sciences, Ede, The Netherlands

*"Nursing attitudes towards informal caregivers to prevent stress and burden"*

**Eula Miller**, Senior Lecturer, Dr., Manchester Metropolitan University, UK

*"Promoting international dialogue between Student Nurses"*

**Iveta Cernohorska**, Assistant, Mgr., University of Pardubice, Faculty of Health Studies, department of clinical subspecialties, Czech Republic

*"Quality of pediatric nursing care – research at Czech children"*

**OR**

#### 13.15. – 14.00 Workshop room 132

**Christof Patyn**, Lecturer in Nursing / Simulation Coordinator VIVES, OR and Pain Nurse, VIVES University College, Health Department Nursing and Midwifery, Belgium

*"A simulation project supported by peer tutoring: A profit sharing activity for senior and junior nursing students"*

#### 14.00 – 14.45 Short presentations (3), room 131

**Ewelina Bak**, Assistant Professor, PhD in Health Sciences & **Kornelia Skoczylas**, Academic Lecturer, Master Science in Nursing, University of Bielsko-Biała Faculty of Health Sciences, Poland

*"The everyday functioning of a patient after an ischemic stroke among patients staying at a neurological rehabilitation ward"*

**Wilhelm Mistiaen**, Dr., Associate Professor, Artesis Plantijn University College, Antwerpen, Belgium  
*"Hyperactive delirium after aortic valve replacement: how often and what are the preoperative and operative risk factors"*

**Virpi Sulosaari**, RN, PhD, Senior Lecturer, Turku University of Applied Sciences  
*"Medication safety – a global challenge in health care"*

OR

**14.00 – 14.45 Workshop room 132**

**Tim Vanmarck**, Professor Vitality and Coaching, VIVES University College- Commercial Sciences & Business Management, Belgium  
*"Lifestyle coaching"*

**15.00 – 16.00 Visiting Simulation Pedagogy in Practice**

Senior lecturer **Lasse Putko** and Emergency Care Students

**Wednesday 28 September 2016 am Ruiskatu 8**

**Moderators:**

**8.30 – 9.15 Keynote speech, room 131**

**Páll Biering**, Professor, University of Iceland, Reykjavik, Iceland  
*"Giving psychosocial support to refugees: Experiences from Idomeni, Greece"*

**9.15 – 9.45 Short presentations (2), room 131**

**Ria den Hertog**, Lecturer in Nursing/Researcher in Nursing Ethics, PhD, Christian University of Applied Sciences, Ede, The Netherlands  
*"Taking into account patient preferences in nursing decision-making in refugee care"*

**Stuart Taylor**, Senior Lecturer, Manchester Metropolitan University Department of Nursing, UK  
*"Lagom and nursing; a provocative therapy based approach"*

**9.45 – 10.15 Short presentations (2), room 131**

**Aelita Skarbalienė**, Associate Professor, Dr., Research Scientist, Klaipeda University, Faculty of Health Sciences, Lithuania  
*"Development of leadership competencies during studies at the higher school"*

**Jantine Huizing**, Senior Lecturer & **Patricia Jorritsma**, Senior Lecturer, University of Applied Sciences Utrecht, The Netherlands  
*"Teaching clinical reasoning and skills at the bachelor program Allied Medical Care in the Netherlands"*

**10.15 – 10.45 Coffee break and Poster view**

**10.45 – 11.30 Short presentations (3), room 131**

**Páll Biering**, Professor, University of Iceland, Reykjavik, Iceland  
*"Mental health services for older people"*

**Jamileh Mohtashami**, Dr., Assistant Professor and Head of Psychiatric Nursing Department, Shahid Beheshti University of Medical Sciences, School of Nursing and Midwifery, Psychiatric Nursing Department, Tehran, Iran  
*"Stigma and Discrimination toward Psychiatric Patients in Iran"*

**Birna Flygenring**, RN, MS, Assistant professor, University of Iceland, Department of Nursing, Reykjavik, Iceland

*"Work related stress, health and work conditions among nurse unit managers"*

**11.30 – 12.15 Short presentations (3), room 131**

**Karin Polanz**, Senior Lecturer, MSc, Carinthia University of Applied Sciences, Kärnten, Austria

*"Nordic walking with arm lymphedema"*

**Canan Birimoglu**, Research Assistant, Public Health Nursing, Gazi University, Ankara, Turkey

*"Effect of old people's exercise on fear of falling, balance and Physical Self-Description (Tai Chi Chuan)"*

**Li Yuanyuan**, Deputy Director of the Teaching Affairs Office, Associate Professor, Tianjin Medical College, Teaching Affairs Office, China

*"Inheriting Traditional Chinese Medicine Culture, Servicing People's Health and Well-being"*

**12.15 – 13.15 Lunch with coffee and Poster view**

**Wednesday 28 September 2016 ip Ruiskatu 8**

**Moderators:**

**13.15 – 14.00 Workshop room 131**

**Sandra Seimane**, Head of Study Programme "Massage and Hydrotherapy", Riga Medical College of the University of Latvia

*"Psycho-social risk factor evaluation in relation to illness prevention"*

OR

**13.15 – 14.00 Workshop room 132**

**Shirley Smoyak**, Distinguished Professor, Dr., Rutgers University, USA

*"Consumers of mental health services and their knowledge of HED (High Energy Drinks)"*

**14.00 – 14.45 Panel Discussion " Social and Health Care in Turmoil?", room 131**

**Moderator:** Heikki Ellilä

**Participants:** International and national representation

**14.45 – 14.55 Closing**

**Raija Sairanen**, Senior Lecturer, International Contact Person

**15.00 – 16.00 Interactive visit to Kunnonkoti, easy access model home**

Senior Lecturer **Kirsi Karlsson** and students

**Thursday 29 September 2016 Ruiskatu 8**

RESEARCH AND DEVELOPMENT NETWORKING WITH COLLEAGUES AND GUESTS ON A WHOLE -DAY ARCHIPELAGO CRUISE TURKU-MARIEHAMN-TURKU Separate information.

**Friday 30 September 2016 Ruiskatu 8**

Free time for further discussions and networking

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