

## Turku UAS / Social Services International Semester, Autumn 2024

Please note that the courses marked in red will take place on the Salo campus (a 30-minute train ride from Turku Kupittaa station)

- Autumn semester dates: 23 August – 20 December 2024.
- The recommended workload for exchange students is 5 ECTS / month.

Course name	Course code	ECTS	Campus
<b>Information Technology, Information Search and the Basics of Research</b> <ul style="list-style-type: none"> <li>• information technology: introduction to information and communication technologies, usernames and passwords, internet, email, files and online learning environments, word processing and spreadsheets</li> <li>• information search: introduction to Turku University of Applied Sciences' library and information services</li> <li>• research orientation: research and development areas in social services, theoretical framework, reporting, research interview, use of references</li> </ul>	TH00CA32-3016 or TH00CA32-3009	5	<b>Salo</b>
<b>Lifespan and Education</b> <ul style="list-style-type: none"> <li>• the biological, psychological and social development of human beings</li> <li>• the developmental tasks and challenges of different life phases: childhood, youth, adulthood and old age</li> <li>• the psychosocial basis of education and supporting individuals' growth and socialisation process</li> <li>• early interaction and parent-infant bonding</li> <li>• the ethical dimension of education</li> </ul>	TH00CA36-3015	5	<b>Salo</b>

<b>Well-being in a Changing Society</b> <ul style="list-style-type: none"> <li>• changes in welfare society and the welfare state</li> <li>• welfare theories, measuring well-being, perceived well-being, quality of life</li> <li>• social problems, social deprivation and marginalization</li> <li>• you understand aspects of citizens' well-being and social problems</li> <li>• you are familiar with societal and global challenges to well-being</li> <li>• you are able to examine sustainability from different perspectives (ecological, economic, social and cultural)</li> <li>• you are familiar with the history, functioning and tasks of welfare society and the welfare state</li> </ul>	TH00CA37-3016	5	Salo
<b>Professional Interaction and Ethics</b> <ul style="list-style-type: none"> <li>• you are familiar with the values and professional ethics guiding social services, and you are able to follow them in interactive situations</li> <li>• you are familiar with the basic concepts of professional interaction</li> <li>• you know how to plan and evaluate your interaction in different situations</li> <li>• you are familiar with different views of human beings and understand the significance of these views and values in client work</li> <li>• you are familiar with key legislation concerning client work in social services</li> </ul>	TH00CA39-3015	5	Salo
<b>Promotion of Social Inclusion and Community-Based Work</b> <ul style="list-style-type: none"> <li>- you understand the concepts of social inclusion and community, and the important role they play in people's well-being</li> <li>- you know how to promote a sense of community and the inclusion of individuals and groups through different methods</li> <li>- you are able to view individuals as part of their social network and living environment and use the resources of the network for the benefit of the client</li> <li>- you know how to perform advocacy in collaboration with residents and clients</li> <li>- you are familiar with municipalities' and organisations' activities to promote health and well-being and to prevent problems related to them, and you know how to use these services</li> </ul>	TH00CA42-3010	5	Salo

<b>Promotion of Social Inclusion in Child Protection and Mental Health and Substance Abuse Social Work</b> <ul style="list-style-type: none"> <li>• mental health problems and services</li> <li>• addictions and service systems</li> <li>• child protection system</li> </ul>	TH00CA44-3010	5	Salo
<b>First-Line Management and Work Community Skills</b> <ul style="list-style-type: none"> <li>• contemporary management and organisational theories</li> <li>• first-line management of welfare services and its characteristics</li> <li>• legislation concerning first-line management</li> <li>• work community management in practice</li> <li>• work community skills that promote the well-being of the community</li> <li>• workplace communications as a whole and its different areas, communication culture, management communications and communication strategies</li> </ul>	TH00CA45-3010	5	Salo
<b>Nature- and Environment-Based Methods</b> <ul style="list-style-type: none"> <li>• the health and welfare effects of nature</li> <li>• the operating environments of nature- and environment-based activities</li> <li>• different nature- and environment-based activities, mindfulness skills in relation to nature</li> <li>• activities in a natural environment, experiences and adventures in various environments</li> <li>• taking care of nature as a therapeutic activity</li> </ul>	TH00CA54-3002	5	Salo

<b>Service Design</b> <ul style="list-style-type: none"> <li>• you understand the principles, terminology and process of service design</li> <li>• you know how to use service design tools in different phases of the process</li> <li>• you are able to design, develop and innovate services with the help of service design</li> <li>• you know how to collect information about clients' needs and analyse client insight in service design</li> <li>• you understand the principles of user- and client-based development</li> <li>• you know how to use visualisation in the service design process</li> </ul>	TH00CA57-3002	5	Salo
<b>Action-Based and Creative Methods</b> <ul style="list-style-type: none"> <li>• you are able to analyse creativity theoretically and as part of humanity</li> <li>• you are familiar with the meanings of and reasons for creative activities in client work</li> <li>• you have experientially learnt various creative and action-based methods that can be used in social services</li> <li>• you know how to use your creativity and resources in client work</li> <li>• you know how to use creative and action-based working methods when working with different clients</li> </ul>	TH00CA53-3003	5	Salo
<b>English Professional Skills, B2</b> <p>The aim of the course is to activate and develop the students' field-relevant English language and communication skills. The students will gain professional skills in various spoken and written communicative situations encountered in working life and society. In addition, they will learn to utilize tools and techniques to further develop their skills in authentic, field-specific contexts. Upon completing the course, the students should have acquired skills to communicate at level B2 according to European Framework of Reference for Languages.</p>	1001004-3289	3	Salo
<b>Practical Training</b> <b>Max. 5 training places available for exchange students.</b>	n.a.	10	Turku

For exchange students working hours 200 h / 10 ECTS. Supervised practical learning in chosen agency/ kindergarten, school, child home, elderly services, refugee centre etc. Student gets familiar with Finnish early years education / social services in practice. Starts when agreed (can be full time job 35 h / week during 7 weeks or 2-3 days/ week during 12 weeks). Please be prepared to fill in a health requirement document and show a criminal records extract in English before the training and. <b>Strong English language skills are a requirement.</b>			
<b>COURSES SUITABLE FOR ALL EXCHANGE STUDENTS</b>			
<b>Finnish for exchange students</b> Beginners' course for Finnish language. Available for all exchange students.	1000474	3	Turku
<b>Get Finternational</b> Gaining a wider perspective into the Finnish society, taking part in it more actively, learning how to analyse the adaptation to a foreign culture, learning how to interact with the representatives of different cultures. <u><b>Please note that there are no numerical grades available for this course, only 'pass'/'fail'!</b></u>	1000393	3	Turku